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## what to do for cellulite



# Extra Help: Fillers and Lasers

## Restylane

**What it is:** Doctors inject this hyaluronic-acid-based filler—the same one used for wrinkles—into cellulite to plump dimpled skin. **Treatments required:** Initial results last six months, but you'll need fewer injections (and less Restylane) over time. New research indicates this filler may also rev up your body's natural collagen production, says Bank. Newly created collagen can last up to 15 years. **Cost:** \$700 per syringe; about three syringes per treatment.

## Smartlipo and Accent

**What they are:** Smartlipo is a fat-melting laser that also stimulates collagen to firm skin. Accent uses radio frequency to tighten skin and reduce volume (Mayoral says it slimmed her patients' arms).

**Treatments required:** One for Smartlipo, six to eight for Accent, spaced two weeks apart. Accent is not FDA-approved, so long-term results are unknown. **Cost:** \$3,000 to \$4,000 for Smartlipo and \$350 to \$500 for a half hour of Accent.

—Ning Chao